

# J ROCKS PIZZA - CHARITY LUNCH MENU!

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J ROCKS  PIZZA

  
ST. CATHARINES - THOROLD  
CHAMBER OF COMMERCE  
For A Stronger Niagara  
MEMBER

## CHARITY LUNCH MENU

### PIZZA

Personal Size Pizza . . . \$6.00  
(Choose from 40 flavours)

### WINGS

20 Wings (Up to 2 sauces) . . . \$20.00  
30 Wings (Up to 3 sauces) . . . \$28.50  
40 Wings (Up to 4 sauces) . . . \$37.50  
50 Wings (Up to 5 sauces) . . . \$46.50  
100 Wings (Up to 10 sauces) . . . \$94.50

PIZZA 40:40 WINGS  
FLAVORS

*\$1 of every \$15 will be donated  
to Gillian's Place Women's Shelter*

*Every pizza and wing order over \$50, get a 2L Coke or Sprite  
AND your choice of X-Large fries or wedges FREE!*

### HOMEMADE

Baked Lasagna (Meat or vegetarian including garlic bread)  
Individual . . . \$8.00  
Medium Tray . . . \$45.00  
(\$7.50 per person, 6 squares)  
Large Tray . . . \$63.00  
(\$7.00 per person, 9 squares, includes large garden or caesar salad)

Baked Stuffed Peppers . . . \$8.00  
(2 peppers, includes garlic bread)

Baked Casserole . . . \$8.00  
(Includes garlic bread)

Breaded Schnitzel . . . . \$8.00  
(2 pieces, includes potato wedges & ranch dill sauce)

Chicken/Veal Parmesan Loaf . . . \$8.00  
(Includes potato wedges)

### VEGAN SUPERFOODS

Raw Sprout Salad . . . \$9.00  
(Fresh alfalfa or broccoli sprouts, romane lettuce, avocado, tomatoes, onions, garlic)

Raw Sprout Salad Wrap . . . \$10.00  
(Raw Sprout Salad + organic quinoa, spelt, kamut, or whole wheat wrap)

*Dressings: Balsamic Vinegar or Dijon Mustard*

**To All St. Catharines  
- Thorold Chamber  
of Commerce  
Members!**

JRocks Inc. is proud to be a new member of the Chamber. We are very community oriented - currently supplying seven local schools, as well as businesses with pizza lunches. We also supply local Giant Tiger stores and selected Avondale stores with our frozen pizzas. We would like to take this opportunity to do more for the community.

Even though we are already involved in providing hot meals for the "Out of the Cold" charity, we would like to contribute to Gillian's Place by collaborating with the Chamber!

**Here is our proposal:**

To offer affordably priced lunches to all Chamber members. Every 15<sup>th</sup> dollar spent would be donated to Gillian's Place Charity.

***Interested?***

**CALL - J Rocks Pizza - 905-934-1888**